

LENT - MIDDAY PRAYER

PREPARATION

○ God, make speed to save us.

○ Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;
hold not your peace at my tears.

Psalm 39.13

A SONG OF PRAISE

Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.

Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.

Your warmth gives life to the dead,
your touch makes sinners righteous.

Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.

In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us

Anselm (1109)

Psalm 51: 1-10

Have mercy on me, O God, according to your unfailing love;
according to your great compassion blot out my transgressions.

² Wash away all my iniquity and cleanse me from my sin.

³ For I know my transgressions, and my sin is always before me.

⁴ Against you, you only, have I sinned and done what is evil in your sight;
so you are right in your verdict and justified when you judge.

⁵ Surely I was sinful at birth, sinful from the time my mother conceived me.

⁶ Yet you desired faithfulness even in the womb;
you taught me wisdom in that secret place.

⁷ Cleanse me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.

⁸ Let me hear joy and gladness;
let the bones you have crushed rejoice.

⁹ Hide your face from my sins and blot out all my iniquity.

¹⁰ Create in me a pure heart, O God,
and renew a steadfast spirit within me.

Take away, good Lord, the sin that corrupts us;
give us the sorrow that heals
and the joy that praises
and restore by grace your own image within us,
that we may take our place among your people;
in Jesus Christ our Lord.

LENT NEW TESTAMENT READING

Jesus said, 'There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.'

Luke 15.7

Silent contemplation/discussion

RESPONSE

Blessed are the merciful, for they will receive mercy.

INTERCESSIONS

See accompanying sheet

THE COLLECT

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

let us pray with confidence as our Saviour has taught us:

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven. Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us
not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

The Conclusion

May God bless us and show us compassion and mercy.
Amen.

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